

# DIY Natural Cleaning Recipes

## Kitchen and Bath AP Spray

In a 1-quart spray bottle, combine the following:

- \*1.5 C White Vinegar
  - \*1 tsp liquid castile soap
  - \*15 Drops Grapefruit seed extract
  - \*10 Drops Tea Tree Oil, 10 drops lemon oil, and 5 drops peppermint oil (or 25 drops of your favorite EO)
- Fill the rest of the way with water.

## Air Freshener

In a small, preferably glass spray bottle, combine:

- \*1 ounce rubbing alcohol or vodka
  - \*10-15 drops pure essential oil
- (feel free to use more if needed)
- \* 1 Cup Water

## Window and Surface Cleaner

In a 1-quart spray bottle, combining the following:

- \*1 C White Vinegar
- \*1/2 C Alcohol
- \*10-15 Drops Lemon Oil
- \*2 C water

## Tub and Tile Cleaner

In a squirt bottle, combine:

- \*1 2/3 C baking soda
- \*1/2 C Liquid Castile soap
- \*2 TBSP vinegar
- \*1/2 C Water
- \*5 Drops Tea Tree Oil
- \*5 Drops lemon essential oil

Shake well before each use

## Disinfectant Spray

In a 2-cup spray bottle, combine:

- \*1 Cups water
- \*1/4 C rubbing alcohol or vodka
- \*either 20 drops thieves oil or 20 drops tea tree oil
- \*(opt) 20 drops Grapefruit seed extract
- (opt) additional 5-10 drops essential oil like lemon for fragrance.